

# PAX GUIDE



## WELCOME!

We would like to welcome you to the team of participants of the Open Space Forum **Youth Opens the Space. Active Participation for Sustainable Development**. You are among the 50 young people from many different countries who will take part in the event.

You are in this group, because we believe that you can benefit from the forum. We also intend to give you a chance to share your experience with other participants and therefore be the source of enrichment for them. We do hope that the time you will spend at **Youth Opens the Space. Active Participation for Sustainable Development** will be a vivid and useful experience for you.

To achieve it we need to look at some practicalities. That is the reason why we have prepared the “survival participants guide” for you. It will not only help you answer many questions but also will let you prepare for the forum.

Please read the guide carefully and keep it with you during your travel so you can check the information whenever you need.

We are looking forward to meeting you in Wroclaw, Poland:)

## THE LANGUAGE WE WILL USE

Despite many of you speak many different languages the official training language will be only **English**.

## OPEN SPACE

Open space is an effective method enabling to work with large groups, creating a unique atmosphere of involvement, active participation and responsibility for the outcome of the meeting. It gives people the sense of freedom and puts the responsibility for the learning outcomes on participants.

Open space with the group of youth involved in variety of activities and committed to the topic of the conference brings fruitful results, gives a chance to discuss all the important issues appearing during the meeting. At the same time all possibilities for future cooperation can be explored and new partnerships established.

For further information please check websites:

<http://www.openspaceworld.org/>

<http://www.openspaceworld.com/>

## AIM AND OBJECTIVES

The main aim of the project is to create a network of youth workers and trainers active in the field of non-formal education – with the primary focus on education for active participation and sustainable development.

The aim will be achieved by the following objectives:

- **to exchange good practices** connected with non-formal education in particular education for active participation and for sustainable development through tool fair (focused on methods) and gallery of good practices (examples of successful project/ initiatives)
- **to create partnerships** for future projects connected with the main topic
- **to plan future international youth projects** (youth exchanges, training courses, seminars and local initiatives co-ordinated by international networks)

## COSTS

Costs of food and accommodation will be covered by the organisers from the UNESCO Participation Programme. We are still waiting for information whether additional funding will come from Youth in Action Programme.

50% of travel expenses will be refunded as well, however we will reimburse max. 200€ per person. It means that 50% of your ticket price should not be more than 200€.

50% of your **travel costs** will be refunded, **if the following criteria will be fulfilled:**

- you have chosen **reasonable and economic means of transportation** (e.g. APEX or student fares for flight tickets, cheap airlines, 2<sup>nd</sup> class trains);
- your travel dates are according to the programme; one day plus or minus is O.K., if you can prove that this transfer is cheaper (in other cases please contact us)
- **when you already have ticket – scan and send it by e-mail to [yots@unescocentre.pl](mailto:yots@unescocentre.pl), – it is essential for the reimbursement. Please do it as soon as possible, not later than July 19<sup>th</sup>, 2009;**
- If you fly and use an e-ticket please send us a copy by email to [yots@unescocentre.pl](mailto:yots@unescocentre.pl);
- make sure to bring along the original proofs (**invoices, boarding passes, tickets**) of your travel;
- If you need **visa**, please do contact us for the **invitation letter**

We will reimburse your travel costs on the basis of original tickets and boarding cards. **Date of issue, price and travel route** have to be visible on ticket in order to make a reimbursement for you. Otherwise, you are requested to have an invoice that proves your travel.

**You should also keep in mind that your ticket cannot be more expensive than estimated costs declared in the application form.**

We will reimburse your travel costs either after you arrival to Wroclaw either after project via bank transfer (costs of international bank transfers will be equally paid by participant and organiser).

Unfortunately, we cannot cover such expenses as visa or health insurance.

## PROGRAMME

As the facilitators are still working on the final version of the programme, below you can find its draft. Within few weeks we will provide you with detailed programme.

**1st day**

arrivals

ice-breaking & getting to know each other, dinner

**2nd day**

opening ceremony

open space

intercultural dinner

**3rd day**

tool fair – workshops run by experts and participants themselves on main topics of conference, possibility to get to know new methods

best practices – gallery with best practices examples

NGO market

**4th day**

Technology of Participation - action planning for follow up projects

closing ceremony

see you again party, concert

**5th day**

Departures

Please, arrange your travel respectfully to following hits:

- Arrival on August 27th before 4h00pm
- Departure on August 31<sup>st</sup> (there is no scheduled activities for this day)

## HOW TO GET TO THE VENUE

We are going to live in students' dormitory called Ołówek.



Dom Studencki "Ołówek"

Pl. Grunwaldzki 30

Wrocław

And how to get there?

The easiest way is just to take taxi. From the central train station it may cost around 5€. From the airport around 15€.

But there is also a way by public transport:

**From the airport to the central train station:**

You should take bus no **406** and get off on the last bus stop (**Dworcowa Street**). Before getting on a bus you should buy tickets – at the airport there is a Relay shop (newspapers, books etc) where you can do it. You must buy two tickets for 2,40zł: one for you and one for your luggage.

#### **From the central train station to Ołówek:**

The easiest way to get there is to take a tram. You have few options: no **9** or **17** (direction: **Sępolno**) which stops in front of the central train station (you must take the main entrance). You should get off at the stop called **Grunwaldzka**. You can also take no **2** (direction: **Biskupin**) and get off at **Plac Grunwaldzki**.

There are two buses you can also take: no **145** (direction: **Sępolno**) and **146** (direction: **Bartoszewice**). The bus stop is situated at **Peronowa Street** – a little one just on the right side of the main entrance of the central train station (if you stand in front of it). You get off the bus at the bus stop **Pl. Grunwaldzki**.

Both for a bus and a tram you need to buy another two tickets for 2,40zł each.

From there you will have to walk a bit. When you get off the bus, cross the street and go straight.

On your left hand you will see a big shopping centre and then some other buildings (mainly university's ones). In front of you (around 400m) also on the left side you will see two higher buildings-Ołówek and Kredka. These are two students' dormitories and the shorter one is Ołówek.

In the link above you can see the plan of related part of Wrocław

[http://maps.google.com/maps?f=q&source=s\\_q&hl=pl&geocode=&q=o%C5%82%C3%B3wek+wroc%C5%82aw&mrt=all&sl=37.0625,-95.677068&sspn=33.214763,77.695313&ie=UTF8&ll=51.114461,17.069321&spn=0.012851,0.037937&z=15&iwloc=A](http://maps.google.com/maps?f=q&source=s_q&hl=pl&geocode=&q=o%C5%82%C3%B3wek+wroc%C5%82aw&mrt=all&sl=37.0625,-95.677068&sspn=33.214763,77.695313&ie=UTF8&ll=51.114461,17.069321&spn=0.012851,0.037937&z=15&iwloc=A)

In case of any problems and doubts you can always call someone from the team.

## **POLAND**

Some information can be found on :

<http://en.wikipedia.org/wiki/Poland>

<http://www.poland.pl>

Currency that is used in Poland is zloty (PLN or zł).

The rate is around: 1 EUR = 4,4 PLN.

Travel cost reimbursement will be also given in PLN., or by bank transfer.

## **WROCLAW**

Wroclaw is one of the most colourful, vivid and beautiful cities in Poland where the multicultural society has been living for centuries. There has been an amazing mosaic of different traditions which influence each other and make a character of Wroclaw really unique.

Many interesting infos about our city you can find on the following websites:

<http://www.wroclaw.pl/ms/english/>

[http://en.wikipedia.org/wiki/Wroclaw\\_](http://en.wikipedia.org/wiki/Wroclaw_)

<http://www.wbz.uni.wroc.pl/junglebook>

<http://www.thevisitor.pl/wroclaw.php?jezyk=EN>

## WEATHER IN WROCLAW

You can always check the updated forecast on:  
<http://www.weathercity.com/pl/wroclaw/>

## UNESCO INITIATIVES CENTRE

Our Centre was established in 2004 as a non-formal group supported by the University of Wroclaw. Since May 2008 we have functioned as a politically and financially independent association. The UNESCO team consists of motivated, creative and committed people who really enjoy working together. As we strongly believe in what we do, we are able to make successful projects on topics important for us. Our field of action is connected with citizenship education, active participation and global education mostly related with human rights, anti-discrimination and intercultural learning.

Below you can find some examples of our projects:

### On local level:

- “Global Education Week” – meeting concerning the Youth Programme (November 2004)
- “The use of non-formal education methods in human rights education” – seminar (December 2004)
- “The World Is YOURS as Well” – series of seminars on global education (November 2005, October 2006, October 2007, October – December 2008)
- “What about Tolerance? Interculturalism in the World of Stereotypes” – Open Space meeting (December 2006)
- “Basic Human Rights” – series of workshops on human rights (since September 2008)
- “Righteous Among the Nations” – series of workshops for high schools student on civil courage (since October 2008)
- “Multicultural Living Library” – series of meetings with foreigners living in Poland (March-June 2009)
- “Intercultural education – Jesteśmy sousedem” – series of workshops on intercultural learning (since May 2009)

### On international level:

- “Youth of Europe” – conference of UNESCO associated school project (June 2003)
- “What Keeps Us Together, What Sets Us Apart” – journalism workshops\* (September 2005)
- “Cultural Diversity in Society – overcoming conflicts and taking the chances” – training course on conflict management\* (November 2006)
- “Neighbours Meet Neighbours” – training course on project management for cross-border areas\* (February 2007)
- “EULE-Life and Development” – youth exchange on European awareness\* (February 2007)
- “Together for Coexistence” – EuroMed youth exchange on interfaith dialogue\* (March 2007)
- “Shaping the Future of Europe” – contact-making seminar for Eastern Europe and Caucasus countries\* (May 2007)

- “Youth Opens the Space. Intercultural, Civic and Peace Education” – Open Space Follow-Up Conference of the Regional EuroMed UNESCO Youth Forum (July 2007)
- “Sailors on CitizenShip – navigation Poland” – training course on civic education\* (February 2008)
- “One step behind, two steps forward – historical and modern understanding of European citizenship” – feasibility meeting on European citizenship\* (February 2008)
- “Mission Possible – project management 4 intercultural learning” – training course on project management\* (January 2009)
- “Jesteśmy susede” – youth exchange on cross-border cooperation\* (May 2009, co-financed by International Visegrad Fund)

\* projects organised in frame of the Youth (in Action) Programme

## WHAT TO BRING WITH YOU

As each of you is professionally involved in different organisations we would like you to bring some materials describing your activities – leaflets, posters, brochures etc. We hope that *Youth Opens the Space* will not only be a place for discussion but also an opportunity to find new partners for future cooperation.

Organizing a “traditional” intercultural evening will be rather challenging with so many people, but we would appreciate if you bring some sweets and cookies typical for your country for our coffee breaks.

For those who decided to run part of “best practices” and “tool fair” we will inform you about details of those activities in few weeks.

And of course do not forget about large amount of good energy, sense of humour, willingness, open heart and mind for all discussions :)

## POLISH – THE TONGUE TWISTER 😊

### SURVIVAL DICTIONARY FOR FOREIGNERS

Hi – Cześć  
 yes - tak  
 no - nie  
 I don't understand - Nie rozumiem  
 Thank you – Dziękuję  
 Please - Proszę  
 Sorry/ Excuse me – Przepraszam  
 Good morning – Dzień dobry  
 Good bye – Do widzenia  
 Good evening – Dobry wieczór  
 Good night – Dobranoc  
 See you – Do zobaczenia  
 What's your name? - Jak masz na imię ?  
 How are you? – Jak się masz?

Nice to meet you - Miło Cię poznać  
Where is the dormitory Ołówek? – Gdzie jest akademik Ołówek?  
Where is the nearest shop? - Gdzie jest najbliższy sklep?  
Where is the nearest cash-machine? - Gdzie jest najbliższy bankomat?  
airport - lotnisko  
railway station – dworzec  
taxi – taxi  
restaurant – restauracja  
right – prawo  
left – lewo  
straight – prosto  
far away - daleko  
near – blisko  
open - otwarty  
closed - zamknięty  
breakfast – śniadanie  
lunch – obiad  
dinner – kolacja  
I'm hungry - Jestem głodny  
I'm thirsty – Chce mi się pić  
How much is it? – Ile to kosztuje?  
Can you drive me to the Ołówek? - Poproszę do akademika Ołówek